

November 2023

Labor Insights

Diabetes and Eye Health



November is American Diabetes Month, and a great time to remind your members of the importance of regular eye exams. Diabetes is the leading cause of blindness in working-age adults, but early detection and treatment can help prevent serious vision problems. ([*Centers for Disease Control and Prevention](#))

VSP® network doctors are committed to providing your members with the care they need for diabetes-related eye disease. Even if your members have no symptoms, they should still get a [WellVision Exam](#)® every year.

We know that healthy employees are more productive and engaged. That's why we're encouraging you to team up with us to protect your members' eye health and give them a brighter future.

[LEARN MORE](#)

VISIONARY NEWS



KNOW YOUR DIABETES RISK

Did you know there is a connection between diabetes and eye health? Anyone with diabetes is at risk for diabetes-related eye diseases such as diabetic retinopathy and macular edema, as well as glaucoma and cataracts. Could your members be at risk for diabetes? Share the American Diabetes Association® 60-Second Type 2 Diabetes Risk Test to help them find out.



WHAT DO VSP VISION CARE BENEFITS COVER IF I HAVE DIABETES?

If your members have or are at risk for diabetes, encourage them to see their eye doctor regularly to prevent diabetic eye diseases and vision loss. Your VSP® vision care coverage may cover a retinal screening. This type of exam uses digital imaging to look inside eyes and check for diabetes-related eye disease. Retinal images also help eye doctors track changes in eye health over time.

[SHARE THE QUIZ](#)

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END NOTES

SUPPORT FOR DIABETES MANAGEMENT

Learn how to help your members make healthy lifestyle choices to help manage diabetes, prevent complications, and improve their quality of life. These materials are great for people who have diabetes or have a loved one with the disease.

[GET STARTED](#)

WHY EVERY GENERATION NEEDS TAILORED EMPLOYEE BENEFITS

Kate Renwick-Espinosa, president of VSP Vision Care, explains in this paid partnership with *Fortune* why it's essential to offer benefits that meet the needs of all employees, regardless of age.

[PERSONALIZE BENEFITS, BOOST HEALTH](#)

VISIONWORKS® EXPANDS TO CALIFORNIA

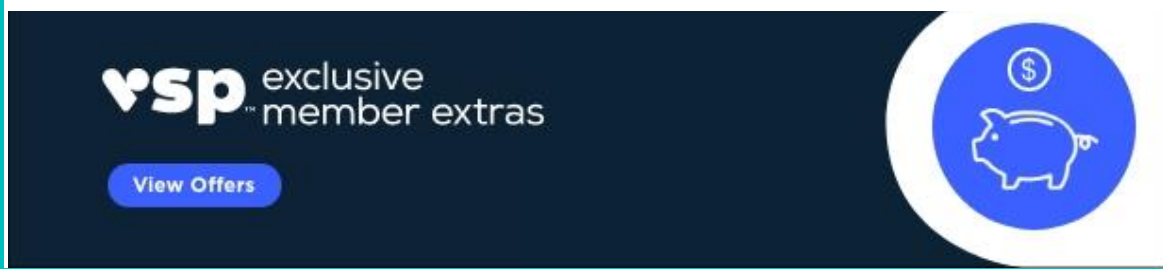
VSP® is always striving to meet the expectations of our clients and members. To meet the need for a retail eye care experience in California, Visionworks® has expanded operations and added locations during the second half of 2023 in select markets including Sacramento, San Bernardino, Riverside and Orange County. The Visionworks expansion gives members more access and choice, while providing an in-network retail option.

[FIND A LOCATION NEAR YOU](#)

FOLLOW YOUR HEART

When it comes to making decisions about your health, there's quite a bit to consider. But sometimes the best decisions are made when you follow your heart. That's why with our "Follow Your Heart" initiative we're making it super simple for your members to know which VSP Vision™ products and services deliver the maximum value for their vision benefits.

[FRAME YOUR HEART'S DESIRE](#)



CONNECT WITH US 

3333 Quality Drive | Rancho Cordova, CA 95670

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