





Compare quick care options to help keep costs down.

Call 911 or go to an emergency room (ER) if you have a life-threatening condition. For everything else, see your primary care physician (PCP) or family doctor first. If seeing your PCP isn't possible, it's important to know your quick care options, especially before heading to an ER.

Getting care at the best place for your condition could **save you up to \$1,800 compared to an ER visit.*** For more details on quick care options, visit Check. Choose. Go.® at uhc.com/checkchoosego.

Quick Care Options	START HERE			
	 PCP Care from the doctor who knows you best.	 Virtual Visits See a doctor whenever, wherever.	 Urgent Care Serious conditions that aren't life-threatening.	 Emergency Room Life- and limb-threatening emergencies.
Average Cost*	Varies by plan type	Less than \$50**	\$170	\$2,000
Hours	Varies by location	24/7	Varies by location — may be open nights/weekends	24/7
How to Connect	Contact your PCP	myuhc.com/virtualvisits	myuhc.com	myuhc.com

✓ indicates the recommended place for care for the following common conditions:

Broken bone			✓	✓
Chest pain				✓
Cough	✓	✓		
Fever	✓	✓		
Muscle strain	✓			
Pinkeye	✓	✓		
Shortness of breath				✓
Sinus problems	✓	✓		
Sore throat	✓	✓		
Sprain	✓		✓	
Urinary tract infection	✓	✓		



Need to find a network provider or PCP? Visiting an out-of-network provider could end up costing you more for care. To find a PCP, urgent care centers and emergency rooms in your network, go to myuhc.com.
Not sure where to go for care? Call the number on your health plan ID card.